



University of Nairobi Health Services

Clean is Sexy
VMMC

Why?

- medical circumcision reduces the chance of getting
- STIs
- cancer of the penis
- HIV
- cancer of the cervix

At UHS
Ask for
free circumcision
TODAY

one man can

The poster features a black and white illustration of a woman kissing a man on the cheek. The man is smiling and has a shaved head, while the woman has her hair in a bun. The background is a light grey color.

VOLUNTARY MEDICAL MALE CIRCUMCISION

**What You Should Know about:
VMMC**

Reduces a man's chances of acquiring HIV infection during sexual intercourse with an infected Woman by 60%. Also occurrence of STIs that cause wounds in men; cancer of the cervix in female partners and urinary tract infections in males are also significantly reduced after VMMC.

Oh yes! **it's FREE** *Absolutely*

**VMMC Minimum Package at UHS
Methods**

Other HIV Prevention

- 1. Male Circumcision Counseling* *.Correct*
consistent Condom use during sex.
- 2. HIV Testing & Counseling*
.Faithfulness to one partner whose status
- 3. STI Screening & Treatment* *you know.*
- 4. Condom Promotion*
- 5. Male Circumcision procedure*

**KUTAHIRIWA NI KUJILI NA KUMJALI
UMPENDAYE**
University Health Services