

CURRICULUM VITAE

RACHAEL WANGUI MURIITHI

Personal Details

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Date of birth 1979

Summary of Career Profile:

Health professional with experience spanning 16 years; Hands-on experience in coordinating and managing out patient services, Accident and Emergency services, building skills and knowledge in nursing, public health, Maternal and Child Health Programs, Health Promotion, Sexual and Reproductive health; HIV/AIDS, Malaria and TB, I am a certified practitioner in basic life support and First Aid.

Education Qualification

- **BSc. Nursing (B.Sc.N);** College of Health Sciences, Mount Kenya University
- **Diploma in Community Health Nursing;** Kenya medical training college
- **Kenya Enrolled Community Health Nurse;** Fidenza Nursing School, Embu
- **Kenya Certificate of Secondary Education (KCSE);** Kibutha Girls Secondary School
- **Kenya Certificate of Primary Education (KCPE);** Tuthu Primary School

Additional Professional Qualifications

- Registered Community Health Nurse (KRCHN)
- Kenya Enrolled Community Health Nurse
- Knowledge and experience in early infant diagnosis
- On job training on health information system
- Proficient in Microsoft Office

Work Experience:

April 2013 to date: Working at University of Nairobi as a Nursing Officer

Key Achievements/responsibilities:

- Exceptional skills and experience in emergency preparedness, response and nursing care.
- Stabilization and escort of critically ill patients to and from University of Nairobi Health Services to major hospitals.
- Administrative and logistical management of the student clinic
- Provision of hand on services; outpatient care, referral, family planning services, HIV/TB, counseling, and Immunization program-KEPI.
- Experience in capacity building of healthcare providers.
- Administration of treatment.

January 2009 to Oct 2012: Worked at Waithaka Health Centre Nairobi as a Nursing Officer

Key Responsibilities/achievements:

- Hands-on management of newborn and pediatrics department.
- Infection control nurse-in-charge at the medical unit.
- HIV/AIDS care, counseling and health education to in-patients and relatives.
- Management of the Comprehensive Care clinic for HIV/Aids and TB clients
- Hands-on experience at Emergency & critical care, and Out-patient departments maternal child health unit.
- Management of the in-patient surgical department.
- Clinical Instructor to nursing students attached at the hospital.
- Conducting internal monitoring and evaluation surveys on service provision.
- In charge of continuing nursing education

Jan 2008-2009 Ruiru Sub County Hospital Kiambu County

- Hands-on management of antenatal and post natal mothers
- Infection control at the maternity unit.
- Conducting deliveries.
- Management of the Comprehensive Care clinic for HIV/Aids and TB clients
- Hands-on experience at Emergency & critical care, and Out-patient departments maternal child health unit

Jun 2005 -2009 ICAP –Kimbimbi Hospital Kirinyaga County

- HIV/AIDS care, counseling and health education to in-patients and relatives.
- Management of the Comprehensive Care clinic for HIV/Aids and TB clients
- Hands-on experience at Emergency & critical care, and Out-patient departments maternal child health unit.
- Management of the in-patients.
- Conducting health education and counseling to the patients Conducting health education and counseling to the patients

Jun 2002 -2005 – Community Based Organization Mombasa

- Working with the community in realization of community based health initiatives.
- Providing basic treatment and management of HIV/ AIDS and TB patients
- Home based nursing care.

Conferences & workshops attended

- Participated in a 5-days workshop on HIV /AIDS management
- Actively participated in free medical camps and community health outreaches and polio campaigns; (2002)

- Participated in a 5-days HIV/TB prevention workshop organized by national Aids Control Program (NAS COP) in Nairobi. (2011)
- Actively participated in a 5-day workshop on integrated management of child hood illnesses (IMCI) 2010

Research work

- Develop and presented a research proposal on knowledge and practice of secondary preventive measures of obstetric fistula by midwives at Pumwani Maternity Hospital, Nairobi.

Membership of Professional bodies

- Member of the National Nurses Association of Kenya
- Registered by the Nursing council of Kenya Registration number

Hobbies

Travelling

Referees:

| Name/Email | Position | Postal Address/Telephone |
|----------------|---------------------------|--|
| Dr. Gitari | Principal Medical Officer | P.O BOX 30195-00100 Nairobi, Kenya Mobile:0722310821 |
| Rebecca Wafula | Senior Nursing Officer | PO BOX 30195-00100 Nairobi, Kenya Mobile:0720908250 |
| Janet Jelimo | Nursing Officer | P.O. Box 42528-00200 Nairobi, Kenya. |