



UNIVERSITY OF NAIROBI HEALTH SERVICES

COVID-19 Infection Prevention & Control



Hand Hygiene

- Appropriate hand washing techniques



Physical Distancing

- Keeping safe/ social distance 1.5M- 2M apart
- Virtual meetings and telephone consultations
- Telemedicine appointments for continuity of care



Personal Protective Equipment (PPE)

- Appropriate PPE for staff in clinical areas
- Surgical masks for patients with respiratory symptoms
- Trainings for appropriate donning & doffing



Education & Communication

- Use of MOH clinical protocols, guidelines and policies
- Healthcare workers trainings
- Continuous Medical Education on IPC measures
- Regular communication on COVID-19 updates



Environmental Cleaning

- Regular Mopping
- 2hourly disinfection of surfaces
- Safe waste disposal