



University of Nairobi

University of Nairobi Health Services

HIV/AIDS INTERVENTIONS

The University provides **Preventive and Curative Health** by means of:

Sensitization of HIV/AIDS

- Educational Awareness Campaigns are carried out in every campus once a year

Tackling Stigma & Discrimination

- UON HIV/AIDS Policy
- Campaign against Stigma & Discrimination
- Advocacy

HIV/AIDS Mainstreaming

- Integrating HIV/AIDS education into its curriculum
- Programs
- AIDS Control Units (ACUs)

Student Organizations

- Registered Student Organizations campaign on HIV/AIDS
- Education & Sensitization

VCT Services

- Integrated Counselling & Education Centre (ICEC)
- All University Clinics
- Outreach Programs
- Disclosure

Comprehensive Care Clinic (CCC)

- Integrated HIV and other services
- Provision of ARVs
- Adherence Counseling
- Education on management of HIV
- Nutrition Counselling
- Management & support for children/adults with HIV
- Confidentiality
- Referrals & Follow-Ups
- Home Visits

Psycho-Social Support & Counseling

- Adherence counseling services
- Group Therapy
- Client Centered Therapy
- Nutrition Therapy

- Family Therapy
- Cognitive Therapy
- Spiritual counseling
- Child Therapy
- Psychological Assessment
- Behavior Modification

Reproductive Health

- Family Planning Clinics
- Contraceptives
- Well Women's Clinics
- Education on Safe Sex
- Talks/information on Reproductive Health
- Gynecological Services

PMTCT

- All Pregnant mothers are screened for HIV
- HIV Positive mothers are provided with medication, counselling and education
- Referrals and Follow-Ups

Condoms

- Education & sensitization
- Dispensers in washrooms
- Distribution
- Disposal

Voluntary Medical Male Circumcision

- Education & sensitization
- Voluntary male circumcision provided at the UHS Theatre

Behavior Change

- Peer Counselling/Educators Programs
- Orientations for first year students
- Integrated Education and Counseling Materials
- HIV/AIDS Sensitization and campaigns in all campuses
- Reduction of Stigma & Discrimination
- Support Groups

Research

- College of Health Sciences conducts various research including research on HIV/AIDS vaccines
- Research on discordant couples
- University collaborates and networks with other institutions on research, training, dissemination and sponsorship for HIV/AIDS programs

Post Exposure Prophylaxis (PEP)

- Provision of PEP
- Accidents
- Rape
- Education

Security

- The University runs a 24 hour security services on all campuses in case of emergency and urgency
- Lighting along the streets (avoid dark alleys)
- For reporting assaults

Financial Assistance to the needy students

- Collaboration with HELB to offer loans
- Office of the Special Students Advisor
- Dean Of Students
- Work Study Programs
- Bursaries
- Vocational Employment

Chill!!!

The University Encourages Abstinence